

WHAT IS FOSTER'S VOICE?

Foster's Voice, Inc. is a 501(c)(3) non-profit who understands that suicide and mental illness do not discriminate and can affect any person.

We work to end the stigma surrounding Suicide, by letting others know that they are NOT ALONE, and it is always Okay to NOT be okay!

Foster's Voice, Inc. was created by Kevin & Jaime Atwood on July 30th, 2017. Nine days after their son, Foster C. Atwood, died by Suicide at only 19 years old.

WHAT DOES FOSTER'S VOICE DO?

- Award one-time scholarships to local high school seniors in Foster's memory
 - Over \$14,000 has been awarded since 2018
 - Open to all local, Quad Cities High Schools
- Encourage the start of a Foster's Voice Suicide Awareness Club at YOUR school!
 - We provide the curriculum!
 - Create a safe environment for students and let them know they are not alone!
- Continuously look for opportunities to provide education for our community on the topic of suicide and mental health.
 - In the past 4 years, we have sent members of the community to the following suicide prevention trainings: QPR, ASIST, Mental Health First Aid, and Start
- Provide Foster's Voice Suicide Awareness Presentations
 - We will present anywhere! Schools, churches, youth groups, businesses - you name it!
 - NO COST TO YOU!
 - We bring a resource table and bracelets for all!
- Give to those in need who are directly or indirectly affected by suicide and mental illness.
 - Will always remain private

RESOURCES

National Suicide Prevention Lifeline

1-800-273-8255

Website:

<https://suicidepreventionlifeline.org/>

Crisis Text Line

Text 'Hello' to 741741

Lifeline Chat

Website:

<https://suicidepreventionlifeline.org/chat/>

All 3 of the above services are available 24/7 and are run by trained counselors. Please know that you do not have to be suicidal to use any of these services. The counselors are there to help assist through any mental health crisis!

YOU ARE NOT ALONE!

SAMHSA Treatment Referral Helpline

1-800-662-HELP (4357)

Substance Abuse & Mental Health Services Administration directs people to local mental health services and resources for treatment.

Foster's Voice Monthly Support Group

Monthly support group open to anyone who battles any mental illness or may have suffered a suicide loss.

- Facilitated by a certified Life Coach/Counselor
- Comfortable, in-home setting
- Open to all ages
- Dates are announced via Foster's Voice Facebook page. Contact us for more information!

FOSTER'S VOICE



SUICIDE AWARENESS